

Twenty years ago the doors of our neonatal intensive care unit opened for the first time. Beth Israel Hospital- the birthplace of the cardiac defibrillator and primary nursing model- provided a unique, well-balanced framework for birthing a program that would offer care for the sickest, smallest, and most vulnerable of patients. The unit also gained advantage from a nationally renowned tradition of exceptional maternity care. Over the years the NICU has grown and developed- adding staff, beds, newer technologies, and innovative programs.

Over these formative years, we have had the incredible privilege to care for thousands of babies and families. Some of these connections might best be characterized as focused alliances. In other cases, deep intimate bonds have been fostered and maintained. However brief or sustained, we have gained knowledge from these experiences and have been enriched by our collaborations with you. As importantly, we have been moved by your incredible courage, determination, and spirit, and by the undeniable will of your children. These influences provide us with an essential foundation and inspiration as we look toward the next twenty years.

-The Admiring Staff of the *Klarman Family* Neonatal Intensive Care Unit Beth Israel Deaconess Medical Center Boston, MA

# Welcome to the Klarman Family NICU's 20th Anniversary!

Kimball Farm is a family-owned venue packed with fun things for kids (and adults) of all ages! Your wristband allows you to freely roam the grounds, and gain free access to the bumper boats, mini-golf, driving range, and lawn games/volleyball.

You will also receive tokens for the batting cages and arcade! Also included is an unlimited ice-cream buffet, lemonade and fountain drinks. Additional food (hot dogs, hamburgers, etc) is available for purchase at the Kimball Farm Grille.

1:00 p.m.	Reunion Begins!	
Ongoing:	O DJ Entertainment	<b>♦</b> Mini-Golf
	C Lawn Games	Oriving Range
	OBounce Houses	Bumper Boats
	♥ Face Painting	☼ Batting Cages
	Caricature Artist	<b>♦</b> Arcade
	Quiet Tent"	NICU Slide Show
	♥ Weigh Station	Scavenger Hunt
1:30 p.m.	Ice Cream Buffet Opens	
2:30 p.m.	Welcome Remarks – Dr. DeWayne Pursley, Chief of Neonatology	
	Remarks – Elyse Rubin,	Reunion Chairperson
4:30 p.m.	Ice Cream Buffet Closes	
5:00 p.m.	Reunion Ends	<b>1955</b>

#### NICU Fun Facts

Answer	Question
27,365	How many babies have received care in the NICU since it opened?
October 1, 1992	What was the opening date of the BIDMC NICU?
1,256,069	How many diaper changes have babies in the NICU required since it opened
234	What is the average number of feedings each day in the NICU?
163	How many sets of twins were born last year at BIDMC?
7	How many sets of triplets were born last year at BIDMC?
13 oz.	What did the smallest baby cared for in the NICU weigh?
12 pounds, 7 ounces	What did the largest baby cared for in the NICU weigh?
October 3, 1999	What was the date of the first BIDMC NICU reunion?
May 7, 2002	What was the opening date of the new NICU on the 9th floor?



A special thank you to our generous sponsors who have made this wonderful event possible.

The Rubin Family

The Klarman Family

The Sweeney Family

#### NICU Reunion Committee

Elyse Rubin, Chair

Rosanne Buck

Kelly Fitzsimmons

Cheryl Flynn

Steven Hamilton

Stacey Irizarry

Beth Klarman

Carol Langford

Kate Lubin

Gayle Matheson

Debra Martino

Colleen O'Connell

Jane Smallcomb

Linda Sternberg

Jane Stewart

Gina Story

Phyllis West

Gail Wolfsdorf

Susan Young

### NICU Family Advisory Council

Beth Klarman, Chair

Eleanor Chu

Elizabeth Crowell

Davina Fankhauser

Loren Feingold

Kelly Fitzsimmons

Kate Stein Hilliker

Kris Laping

Kate Lubin

Andrea Finard

Kathryn Marous

Debra Martino

DeWayne Pursley, MD

Elyse Rubin

Jane Smallcomb

Sheleagh Somers-Alsop

Jane Stewart, MD

Lisa Stornaielo

Glendon Sutton

Christine Sweeney

Don Sweeney

#### NICU C.A.R.E.S. for Families

NICU C.A.R.E.S. for Families (Compassion, Advocacy, Respect, Empathy and Support) is a multi-faceted program created in 2005 to help humanize the experience for parents and families before, during, and after a baby's hospitalization. The program offers a wide variety of initiatives designed to instill confidence and support emotional, social, and educational needs. Some examples of how NICU C.A.R.E.S. for Families fosters a sense of hope and community for NICU families include:

Parent-to-Parent Mentoring
Coffee Hours and Monthly Dinners
Post-Discharge Mom's Groups

Cuddling Program
Memorial Service
Workshop Series

Lullabies for Little Ones

Parents on Rounds

Hall of Hope

For more information about NICU C.A.R.E.S. for Families, contact Kelly Fitzsimmons at 617/667-3247 or *kfitzsim@bidmc.harvard.edu* or Jeanne McCarthy at 617/667-3287 or *jmmccart@bidmc.harvard.edu*.

## Giving Back ...

This event and the NICU C.A.R.E.S. programs would not be possible without the generosity of our NICU Friends and Families. If you would like to make a donation, and support NICU families – past, present and future – please go to *www.gratefulnation.org*, click 'Donate Now', and designate your gift to the NICU (Newborn Intensive Care Unit).





as all come back now.